



KERRY RAPE & SEXUAL ABUSE CENTRE

Annual Report 2025

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Organisational Details

Name: *Kerry Rape & Sexual Abuse Centre CLG*

Address: *5 Greenview Terrace, Princes Quay, Tralee, Co. Kerry, V92 YX90*

Phone No: *066 712 3122/087 973 9065*

Freephone: *1800 633 333*

Email: *KerryRapeCrisis@krsac.com*

Website: [*www.krsac.com*](http://www.krsac.com)

Facebook: [*https://www.facebook.com/KerryRapeCrisis*](https://www.facebook.com/KerryRapeCrisis)

Instagram: [*@kerryrapeandsexualabusecentre*](#)

Charity Regulatory Authority No: *20027155*

Company Registration No: *358498*

Year established: *1992*

Our Mission

To provide a safe, confidential and free counselling and support service to all survivors of all types of sexual violence and support for non-abusing partners, parents, relatives and friends.

Our Vision

Our vision is of a society that does not tolerate any type of sexual violence but that, when it does occur the survivors are treated with dignity & respect.



The main object for which the Company was established is to provide:

Counselling, education, training, information and support for survivors of sexual violence and their families.

In furtherance exclusively of the main object, the Company will have the following subsidiary objects and any income generated from the subsidiary objects is to be applied to the main object only:

- (a) To provide free and confidential unlimited counselling services to the survivors of sexual violence and crimes.
- (b) To provide a programme of supports to survivors of sexual violence and crimes, their families and friends.
- (c) To develop education and training initiatives that create awareness and understanding of the effects of sexual crimes.
- (d) To continue to actively participate in local and national level networks and fora that will have a direct impact on our work, will raise our profile and enhance information sharing.
- (e) To provide for the continued professional development of our staff and volunteers.
- (f) To foster a greater awareness in society of the dynamics and impact of sexual violence and crime.

KRSAC History and Services

Kerry Rape & Sexual Abuse Centre (KRSAC) was founded in 1992 as the Kerry Rape Crisis Centre with the support of grassroots volunteers concerned about the lack of services for survivors of sexual violence in the Kerry region. The original service started with a helpline staffed by volunteers. This developed into a volunteer led counselling service and advocacy. Over the next few years, we secured funding from statutory organisations and developed into a dynamic service with paid professionals. We now provide a range of counselling and support services. For over 30 years, KRSAC has worked hard to respond to the needs of survivors, and challenged negative beliefs associated with sexual violence. The commitment of KRSAC to survivors is unwavering & will remain our constant focus.

Our services are available for people of all genders, who have experienced any type of sexual violence (rape, sexual assault, child sexual abuse, grooming, etc.) at any time in their life, it could be something recent or something that happened years ago.

The Centre employs dedicated counsellors who are trained to a high standard and fully accredited.

We believe that survivors of sexual violence and abuse have the right to be treated with respect and sensitivity. We aim to provide a place of help and healing for survivors of rape & sexual abuse by offering care and support in a confidential environment.

Our main service is based in Tralee, but our outreach endeavours to meet the needs of victims and their families throughout the county by having a room available that meets our criteria for privacy in Killarney.

We Provide:

- ***Face to face counselling***
- ***Telephone/on line counselling***
- ***Support for family members and friends***
- ***Garda accompaniment***
- ***Court accompaniment***
- ***Education and awareness training***
- ***Advocacy***

The centre is open Monday – Thursday from 9am to 5pm & from 9am to 4pm on Friday. For any queries, please ring our Freephone number 1800 633 333 or call in to the Centre. Counselling is provided by professionally accredited counsellors.



Chairperson's Report 2025

Over the past year, the demand for services at the Kerry Rape and Sexual Abuse Centre remains high, and every day we are reminded of the profound impact that rape and sexual abuse have on individuals, families, and communities. Yet alongside these challenges, we also witness something extraordinary each day - resilience, courage, healing, and hope.

As Chairperson, I want to express my deepest gratitude to our staff, volunteers, and fellow Board members. Your commitment, compassion, professionalism, and unwavering dedication make it possible for this organisation to provide support, advocacy, and care to survivors at some of the most difficult moments in their lives.

Above all, I want to pay tribute to the survivors who place their trust in us. Every step they take towards healing, every story shared, and every act of resilience reminds us why the work of the Kerry Rape and Sexual Abuse Centre matters so deeply. It is their strength that continues to inspire and guide the work of the Kerry Rape and Sexual Abuse Centre.

This Annual General Meeting marks a particularly significant moment for me personally, as it is my final AGM after 30 years of involvement with this organisation. It has been one of the greatest privileges of my life to work alongside so many remarkable people over the past three decades.

As I step down from this role, I do so with enormous gratitude for what this organisation has achieved and with confidence in its future. While challenges remain, I know that the compassion, expertise, and commitment that define the Kerry Rape and Sexual Abuse Centre will continue to make a meaningful difference in the lives of survivors every single day.

To everyone I have had the honour to work alongside over the years, thank you. It has truly been a privilege.

*Brid McElligott
Chairperson*



KERRY RAPE &
SEXUAL ABUSE CENTRE

Counselling & Support Services

**KRSAC provides
specialist trauma
counselling for
survivors of sexual
violence.**

**Call 1800 633 333 or email
kerryrapecrisis@krsac.com for
more information.**



BOARD OF DIRECTORS 2025

KRSAC is managed by a Board of Directors all of whom are voluntary and do not receive remuneration. The Board consistently adheres to the principles of effective governance and to the principles within the Charity Regulator's Governance Code.

In 2025, the Board of Directors held eight meetings and the AGM was held on April 29, 2025.

<i>DIRECTOR'S NAME</i>	<i>MEETINGS ATTENDED</i>
<i>Brid McElligott</i>	<i>7/8</i>
<i>Caitriona Py Collins</i>	<i>8/8</i>
<i>Denise Heaslip Griffin</i>	<i>6/8</i> <i>Resigned September 2025</i>
<i>Gerry Enright</i>	<i>3/8</i> <i>Resigned April 2025</i>
<i>Ben Slimm</i>	<i>5/8</i>
<i>Barry O'Rourke</i>	<i>3/8</i> <i>Resigned April 2025</i>
<i>Brendan Roantree</i>	<i>7/8</i>
<i>Siobhan Garvey</i>	<i>7/8</i>
<i>Manjit Gill</i>	<i>3/8</i> <i>Joined September 2025</i>
<i>Paola Kennedy</i>	<i>3/8</i> <i>Joined September 2025</i>
<i>Deirdre Barry</i>	<i>1/8</i> <i>Joined September 2025</i>

Thank you to our Board of Directors

Thank you so much to our voluntary Board of Directors who devoted so much of their time, energy and expertise to KRSAC in 2025. We also want say a special thanks to Barry O' Rourke, Denise Heaslip Griffin & Gerry Enright who retired from the Board of Directors in 2025 for their many years of service and contribution to the mission, strategic direction and governance of Kerry Rape and Sexual Abuse Centre. In 2025, the Board was delighted to welcome new members Deirdre Barry, Manjit Gill, and Paola Kennedy.

Chief Executive's Report 2025



Dear Survivors, Supporters, and Stakeholders,

Looking back on my first year as Chief Executive, I am filled with gratitude for the survivors, staff, Board of Directors, supporters and stakeholders who all made the year one of connection, resilience, and meaningful impact.

In 2025, KRSAC was privileged to serve 252 survivors and supporters, we provided 2,752 counselling appointments and responded to 4,109 helpline contacts. These figures reflect both the continued and growing need for our services in Kerry and the extraordinary dedication of the KRSAC team. Yet what the numbers cannot fully capture is the day-in, day-out kindness, compassion, expertise, and commitment that our staff bring to every interaction — walking alongside survivors with care and professionalism at every step of their courageous journey. Behind each number is an absolutely amazing survivor or supporter who each have their own story and lived experience of sexual violence and embark on a journey towards healing. Both the staff and the survivors who come to the centre inspire me deeply, and it is a privilege to be a part this organisation.

I would like to extend my sincere thanks to every survivor and supporter who contacted the centre in 2025. KRSAC acknowledges that reaching out — especially for the first time — can take tremendous courage, and we are truly honoured by the trust you place in us. You are at the heart of everything we do.

Thank you also to our Board of Directors for their continued leadership, strategic direction, and governance. KRSAC could not operate without the many hours volunteered by each Board member and their resolute commitment to ensuring the best possible services are available for survivors in Kerry. Their guidance and oversight remain invaluable as we continue to grow and develop.

In summer of 2025 we were pleased to have a visit from Stephanie O' Keefe, the CEO of Cuan- the Domestic, Sexual and Gender-Based Violence Agency, and we really appreciated the time she spent here with us in the Centre gaining a better understanding of the strengths and challenges of KRSAC going forward. We were delighted to close 2025 on an encouraging note, with confirmation that KRSAC will

receive additional funding from Cuan to expand our adolescent counselling services. We are also deeply grateful for the generous donations received from individuals and businesses across the Kerry community. As operating costs rise and the demand for our services continues to grow, this additional support from Cuan and the community is truly invaluable, and we are hopeful it will make a meaningful difference in reducing waiting times in 2026.

As I reflect on this first year, I am struck by the strength of the community that surrounds KRSAC, the survivors who demonstrate remarkable courage, the staff who give so much of themselves, and the supporters and funders who make our work possible. Together, we are building on the exceptional foundation laid by those who came before us, and I look forward with hope and determination to what we will achieve together in the year ahead.

On behalf of the entire team at KRSAC, thank you for your continued and unwavering support.

*Warm regards,
Kristy McFetridge, Chief Executive*



Cuan Visit – Pictured L-R, Ella Vodanovich (Cuan), Brid McElligott, Chairperson (KRSAC), Dr. Stephanie O'Keeffe, CEO (Cuan), Kristy McFetridge, Chief Executive (KRSAC).



KERRY RAPE &
SEXUAL ABUSE CENTRE

**KRSAC provides specialist trauma
counselling for adolescents aged 14+**

**Call 1800 633 333 or WhatsApp 087 9739065 for
more information**



It hurts very deep.
It's about a brown bear.
I'm not even sure, should I even share.
With you, this poison, this story, so true,
It's made me angry, so sad and so blue.

I had no proof yet,
My statement was lame,
My honesty and courage
Was brought down to shame.

I really did feel,
They should be put in a box,
They should have done better,
They made me feel like ~Fort Knox.

For the dreams in my head
Were hurt beyond word,
The faith that I had
Justice should have felt like ~ a bird.

With freedom and flight
For me to set sail,
The law could have been
The answer, the bail.

For both boys really did, hurt me
Then trauma,
It went to my head, my body
That's my drama.

To deal with so young, not fair on my soul,
My body wouldn't shake, in my head it would hold.

But instead I stopped feeling, it's safer that way,
Results ~ I felt numb, no hope or dismay.

It went on for years, it wasn't a fad,
I had to go to hospital, some, would call me mad.

But I wasn't mad I was blocked, I was blue
Like so many others, like me and like you
Well here goes, it's it. Both rude like a curse
I was sexually abused, I write it in verse.

Staff Profiles 2025

<i>Name</i>	<i>Role</i>
<i>Kristy McFetridge</i>	<i>Chief Executive</i>
<i>Sinead Kavanagh</i>	<i>Case Manager/Accredited Counsellor</i>
<i>Bernie McCarthy</i>	<i>Accredited Counsellor</i>
<i>Cheryl Murphy</i>	<i>Accredited Counsellor</i>
<i>Melissa Cournane</i>	<i>Accredited Counsellor</i>
<i>Caroline Fennell</i>	<i>Administrator/Advocacy</i>
<i>Helen O' Connor</i>	<i>Administrator</i>
<i>Denis Foley</i>	<i>Contract Accredited Counsellor</i>

List of Funders

KRSAC would like to express our sincere gratitude and thanks to all of our funders and donors for supporting the Centre in 2025!

THANK YOU!!!

- ***Cuan – The Domestic, Sexual and Gender-Based Violence Agency***
- ***Donations and Fundraisers***
- ***HSE Community Dept***
- ***Ring of Kerry Charity Cycle***
- ***Kerry County Council***
- ***Ørsted Windfarm***
- ***Rape Crisis Ireland***



DONATIONS & FUNDRAISING INITIATIVES 2025

You Make it Possible!

We would like to take this opportunity to thank everybody who donated and/or organised a fundraiser in 2025 on our behalf! Your generous donations provide both the financial and moral support needed to deliver our services. Thank you for kindly demonstrating that sexual violence is an issue that you care about and that you support and stand in solidarity with the many survivors in Kerry.

February



A massive thank you to Tony Hickey, Omerta Kin MCC, Splann, Courtney's Bar and everyone involved in organising a "Rock Night" in Courtney's Bar Killarney. We are very grateful to everybody who donated and raised awareness. Thank you all for your generosity and support.

March



Thank you to Mercy Secondary School Mounthawk for presenting a cheque to our Centre which was collected by staff following their recent Annual Christmas raffle. Kristy McFetridge collected the cheque on behalf of Kerry Rape & Sexual Abuse Centre.

April



Kerry Rape & Sexual Abuse Centre would like to thank Network Ireland Kerry and Tralee Chamber Alliance, we were delighted that these groups raised €500 for our Centre during their "International Women's Day Collaboration Netwalking Event." We greatly appreciate their support!!

August



Thank you so much to John Nolan for organising a ceili fundraiser in aid of KRSAC, which took place at Knocknagoshel Community Centre. We would like to take this opportunity to thank everybody who contributed donations, sponsorship and support to make this a huge success. We greatly appreciate everybody's support.

October



Thank you to everybody involved at the Ring of Kerry Charity Cycle for your continued support. We really appreciate your generous donation and supporting survivors of sexual violence in Kerry. Pictured L-R Cathal Walshe PRO ROKCC, Kristy McFetridge Chief Executive KRSAC, John Rice Chairman ROKCC

December

We very grateful for the Kerry Business Women's Network for nominating us as the charity to benefit from a collection at Kerry Business Women's Network annual Christmas party. Thank you all for your support!



Training Initiatives & Awareness Activities 2025

KRSAC attended and took part in a wide variety of training initiatives and awareness activities throughout the year.

February

KRSAC were invited to take part in the Sexual Health & Guidance Campaign in Munster Technology Campus in Tralee. Many thanks to the President of the Students' Union for asking us to attend and for all of the students who visited our stand. (Pictured Helen O'Connor KRSAC & Stephen Fogarty President Students' Union)



May

Go Purple Day

Thank you to all involved at Tralee Garda Station, who invited Kerry Rape & Sexual Abuse Centre to a coffee morning which took place on Friday the 30th of May in support of victims of domestic violence in Kerry. The purpose of this initiative was to highlight the Go Purple Day annual campaign to raise awareness of domestic abuse and the local domestic abuse support services that are available.



Pictured Caroline Fennell of KRSAC, Catherine Casey Adapt Refuge & members of An Garda Siochana

September

MTU Kerry Wellness Week took place on the 26th of October. KRSAC were invited to participate along with a wide variety of groups. We would like to thank all of the students who visited our stand. (Pictured Helen O' Connor KRSAC)



November

On the 18th of November, KRSAC were delighted to be part of the delivery of the “Responding to Sexual Violence Study Day” at University Hospital Kerry. Thank you to Deirdre Barry for organising the training and for raising awareness around informed and professional responses to survivors of sexual violence.



Pictured Kristy McFetridge KRSAC, Margo Noonan Sexual Assault Treatment Unit Cork, Deirdre Barry UHK, Sargent Tom Bourke Garda Protective Services Unit

November Continued

16 Days of Activism

Kerry Women's Centre hosted the 'End All Violence Against Women And Children conference on November 27th. KRSAC attended the Rose Hotel for an impactful conference committed to changing the status quo and igniting the conversation about gender-based violence 🚺. This event featured inspiring speakers and presentations from prominent organisations in the field of women and children's safety. Thank you to all involved for making this event a truly remarkable day and together, we can make a difference and create a safer world for everyone. 🌍



Pictured L-R Catherine Casey CE Adapt Kerry Women's Refuge, Cathy McKeefry Co-ordinator Women's Collective Ireland & Kristy McFetridge Chief Executive KRSAC.

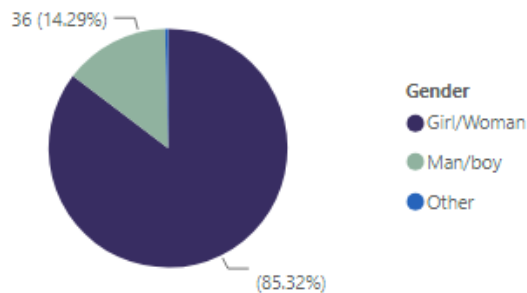
Kerry Rape & Sexual Abuse Centre Statistics 2025

In 2025, the Centre provided 2,752 appointments and 252 clients availed of our free counselling and support service, 59 of these clients were under the age of 25.

Of the 252 total counselling clients, 216 were female survivors, 36 were male survivors. KRSAC had 19 supporters attending the Centre last year. The Centre also saw 135 new clients in 2025.

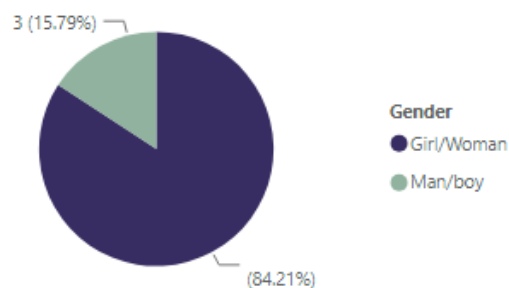
Survivor Clients by Gender

Clients by Gender



Supporter Clients by Gender

Clients by Gender



Appointments 2025

2025 was an exceptionally busy year for the Centre, there were 2,752 appointments provided to clients. These were provided through face to face, telephone and online services.

Helpline 2025

A total of 4,109 calls and texts were recorded in our helpline centre, 3,247 contacts were from survivors, 109 contacts were from supporters.

Accompaniments 2025

In 2025, the Centre provided court & Garda accompaniment to a total of 14 clients over a 22-day period. Court accompaniment is an invaluable service to the clients who required support throughout the court proceedings. It is vital that survivors are supported during this time.

Garda accompaniment is a critical part of our response and it is vital that survivors are responded to in a non-judgmental and supportive manner, giving information, suggesting options but always allowing the victim to decide what course of action to take. The members of the Protective Services Unit (PSU) continued to avail of the facilities provided by us here in the Centre to take statements from survivors.

Professional Calls 2025

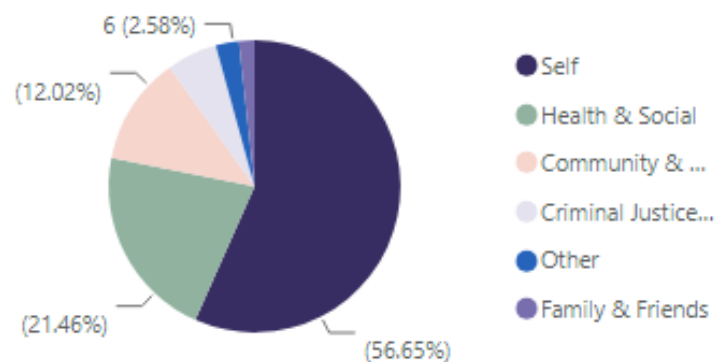
The Centre received over 753 professional calls in 2025 from external organisations such as Gardai, PSU, legal services, Family Support Workers, Nurses, Social Workers, other counselling services, youth organisations, community organisations, etc.

These professionals made contact with Kerry Rape & Sexual Abuse Centre on behalf of service users, seeking information about our Centre.

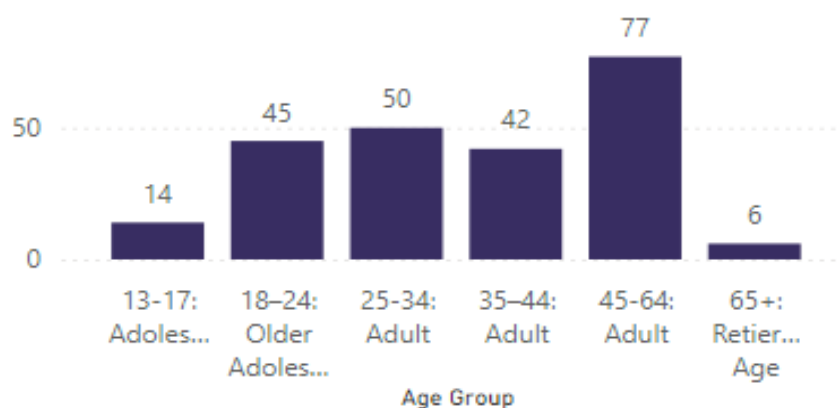
Referrals 2025

In 2025, KRSAC received 132 self-referrals and 84 referrals from various external community organisations. KRSAC has a diverse referral pathway. Referrals range from the following: Self Referrals, Community Organisations, Mental Health Services, Other Sexual violence Services, Domestic Violence Services, Medical, Gardai and Social Services. Self-Referrals accounted for 56.65% of referrals seen in Centre.

Survivors by Referred By



Survivor Age Profile



Social Media Activity 2025

Kerry Rape & Sexual Abuse Centre uses a variety of social media platforms to provide information, offer support and promote training and awareness to our audience. Facebook and Instagram and our website are the main tools we use in providing this information.

In 2025, our social media strategy focused on fostering authentic community engagement, leading to a 14% increase in overall engagement rate compared to last year. We also increased our followers on both Facebook and Instagram in 2025. KRSAC also found that we had a very effective job recruitment campaign through all of the social media platforms which enabled us to target specific demographics and skills of people specialised in this area.



KERRY RAPE &
SEXUAL ABUSE CENTRE

Are you experiencing difficulties in your life because of Sexual Violence?
Have you, or has someone you know, been raped, assaulted, or abused recently or in the past?

**Kerry Rape & Sexual Abuse Centre
can provide you with professional
free and confidential information,
support and counselling**

Freephone: 1800 633 333

www.krsac.com
5 Greenview Terrace, Tralee County Kerry, Ireland
Telephone - 0667123122
Email - KerryRapeCrisis@krsac.com

Legal Status

The Kerry Rape & Sexual Abuse Centre is a registered company limited by guarantee and has charitable status.

Auditor – Carmel Sheehan Quinn & Co. Accountants, Crotta, Tralee Co. Kerry.

Solicitor – Miriam McGillicuddy, Derryana, Ballyard, Tralee, Co. Kerry.

Company Number: 358498

Charity Registered No: 20027155